Hope Xu Yan

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EMPLOYMENT

2024 -	Louisiana State University Assistant Professor, Department of Sociology
2016-18	Peking University Data Analyst, China Family Panel Studies (CFPS)

EDUCATION

2024	University of Maryland, College Park Ph.D. Sociology *Dissertation*: Social Inequalities in Motherhood: The Consequences on Women's Well-being and Children's Outcomes
2020	University of Maryland, College Park M.A. Sociology
2016	London School of Economics and Political Science M.Sc. Gender (Research) with Distinction
2015	University of Nottingham Ningbo China B.A. Honors International Studies in First Class

RESEARCH INTERESTS

Medical Sociology	Social Stratification	Family Demography
Health and Well-being	Race, Gender, and Class	Parenting, Children, and Families

PEER-REVIEWED ARTICLES & BOOK CHAPTERS

Yan, Hope Xu, Feinian Chen, and Arun Balachandran. 2026. "Grandparent Coresidence and Children's Cognitive Achievement in India." *Journal of Marriage and Family*. Accepted

Yu, Wei-hsin, and **Hope Xu Yan**. 2026. "Dynamics of Multigenerational Advantage: Grandmother-Grandchild Age Gap and Child Development Outcomes." *Demography*. Accepted

Yan, Hope Xu. 2026. "Racial-Ethnic Differences in Mothers' Parenting Stress and Its Associations with Depression." *Journal of Health and Social Behavior*. 67(2):272-289 [link]

Sayer, Liana C., and **Hope Xu Yan**. 2026. "Gendered Trends in Leisure Time from 2003 to 2021." Pp. 285–98 in *The Routledge International Handbook of Time Use Themes and Applications*. Vol. 2, edited by M. Bittman and O. Sullivan. New York, NY: Routledge.

Milkie, Melissa A., Liana C. Sayer, Kei Nomaguchi, and **Hope Xu Yan**. 2025. "Who's Doing the Housework and Childcare in America Now? Differential Convergence in 21st-century Gender Gaps in Home Tasks." *Socius: Sociological Research for a Dynamic World*. 11:1-29. [link]
-- Featured in NBC NEWS

Yan, Hope Xu, and Feinian Chen. 2025. "Adolescent Gender Beliefs in India: Does Mothers' Empowerment Matter?" *Social Science Research*. 127:103132. [link]

Yan, Hope Xu, Sonalde Desai, and Debasis Barik. 2024. "Gender and Generation: Landownership and Older Indians' Autonomy." *Feminist Economics*. 30(1):172-210. [link]

Yu, Wei-hsin, and **Hope Xu Yan**. 2023. "Effects of Siblings on Cognitive and Sociobehavioral Development: Ongoing Debates and New Theoretical Insights." *American Sociological Review*. 88(6):1002-1030. [link]
-- Honorable mention for the American Sociological Association Family Section's Article of the Year Award

Amerikaner, Layne*, **Hope Xu Yan***, Liana C. Sayer, Long Doan, Jessica N. Fish, Kelsey J. Drotning, and R. Gordon Rinderknecht. 2023. "Blurred Borders or Safe Harbor? Emotional Well-being Among Sexual Minorities Working from Home During the COVID-19 Pandemic." *Social Science & Medicine*. 323: 115850 [link] (***equal first authors**)
-- Featured in HR Brew

Yu, Wei-hsin, and **Hope Xu Yan**. 2022. "Maternal Age, Early Childhood Temperament, and Youth Outcomes." *Demography*. 59(6):2215-2246. [link]

Yan, Hope Xu, Liana C. Sayer, Daniela V. Negraia, R. Gordon Rinderknecht, Long Doan, Kelsey J. Drotning, Jessica N. Fish, and Clayton Buck. 2022. "Mothering and Stress During COVID-19: Exploring the Moderating Effects of Employment." *Socius: Sociological Research for a Dynamic World*. 8:1-21. [link]

Yan, Hope Xu. 2022. "Race, Socioeconomic Status, and Mothers' Parental Stress". *Society and Mental Health*. 12(2):99-118. [link]

Yan, Hope Xu, and Qiang Ren. 2019. "Selective Neglect: Gender Disparities in Children's Healthcare Utilization in Rural China." *Chinese Journal of Sociology* 5(3):283-311. [link]

OTHER PUBLICATIONS

Sayer, Liana C., **Hope Xu Yan**, Long Doan, and R. Gordon Rinderknecht (2021) Gendering the Pandemic: Women's and Men's Time Use during COVID-19. SocArxiv. [link]
-- Featured in The Wall Street Journal

Stone, Eric*, and **Xu Yan***. 2020. *Measurement Brief: Paid Work*. Women's Empowerment: Data for Gender Equality. [link] (***equal authorship**)

MANUSCRIPTS UNDER REVIEW

Yu, Wei-hsin, and **Hope Xu Yan**. Sons, Daughters, and the Adaptation of Mothers' Educational Expectations. *R&R*.

Yan, Hope Xu, Kei Nomaguchi, Melissa A. Milkie, and Liana C. Sayer. Uneven Convergence: Couples' Employment Configurations and Changing Gender Gap in Housework Time. *Under review*

INVITED TALKS & CONFERENCE PRESENTATIONS

2026 Racial-ethnic Differences in U.S. Mothers' Parenting Stress and Depression. Invited talk at Newcomb Institute, Tulane University

2026 Uneven Convergence: Couples' Employment Configurations and Changing Gender Gap in Housework Time

- Population Association of America (PAA) Annual Meeting in St Louis, Missouri
- American Sociological Association (ASA) Annual Meeting in New York

2026 When Not Working Hurts: Conditional Mental Health Effects of Non-employment across Gender Ideology and Race
- Population Association of America (PAA) Annual Meeting in St Louis, Missouri
- American Sociological Association (ASA) Annual Meeting in New York

2025 Grandparent Coresidence and Children's Cognitive Development in India
- Population Association of America (PAA) Annual Meeting in Washington, D.C.
- American Sociological Association (ASA) Annual Meeting in Chicago, Illinois

2025 Influence of Employment on Mother's and Father's Experienced Well-being Before and During COVID-19
- Population Association of America (PAA) Annual Meeting in Washington, D.C.

2024 Who's doing the Housework and Childcare Now? The Gender Gap Among U.S. Married Women and Men Across 50+ Years
- Population Association of America (PAA) Annual Meeting in Columbus, Ohio

2024 Gendered Trends in Leisure Time from 2003 to 2022: Variation by Education and Employment
- Population Association of America (PAA) Annual Meeting in Columbus, Ohio

2023/24 Racial Differences in Mothers' Parental Stress and Its Mental Health Consequences.
- Population Association of America (PAA) Annual Meeting in New Orleans, Louisiana
- The Eighteenth International Conference on Social Stress Research in Portland, Oregon

2023 Motherhood and Women's Well-being in China: Does Socioeconomic Status Matter?
- Population Association of America (PAA) Annual Meeting in New Orleans, Louisiana

2023 Well-being of Marriage Migrants in India: Does Closeness and Intimacy with Natal Kin Matter?
- Population Association of America (PAA) Annual Meeting in New Orleans, Louisiana

2022 Blurred Borders or Safe Harbor? Emotional Well-being Among Sexual Minorities Working from Home During the COVID-19 Pandemic.
- Population Association of America (PAA) Annual Meeting in Atlanta, Georgia
- Work and Family Researchers Network (WFRN) Biennial Conference in New York

2022 Adolescent Gender Beliefs in India: Does Mothers' Empowerment Matter?
- Population Association of America (PAA) Annual Meeting in Atlanta, Georgia
- American Sociological Association (ASA) Annual Meeting in Los Angeles, California

2022 Gender and Employment Disparities in COVID-19 Impacts on Emotional Well-being.
- Population Association of America (PAA) in Atlanta, Georgia

2021 Gendering the Pandemic: Women's and Men's Time Use during COVID-19
- American Sociological Association (ASA) Virtual Annual Meeting

2021 Motherhood and Stress During COVID-19: Exploring the Moderating Effects of Employment.
- Population Association of America (PAA) Virtual Annual Meeting
- International Chinese Sociological Association (ICSA) Virtual Annual Conference

2020 Power of the Purse: Gender, Land Ownership and Well-Being of Older Indians.
- Population Association of America (PAA) Virtual Annual Meeting

2020 Racial and Nativity Diversities in Maternal Parental Stress: The Impacts of Contextual and Structural Factors.
- Population Association of America (PAA) Virtual Annual Meeting

2020 Gender Ideology and Motherhood Penalty: Exploring Racial Differences in Mechanisms.
- American Sociological Association (ASA) Virtual Annual Meeting

HONORS AND AWARDS

2026 Manship Summer Research Fellowships ($5000)
College of Humanities and Social Sciences, Louisiana State University

2024 Robert W. Janes Commemorative Award for Outstanding Graduate Students
Department of Sociology, University of Maryland, College Park

2021 Outstanding Research Assistant Award
The Graduate School, University of Maryland, College Park

2021 Summer Research Fellowship ($5,000)
The Graduate School, University of Maryland, College Park

2020 Dean's Research Initiative Graduate Student Travel Award ($1,000)
College of Behavioral and Social Sciences, University of Maryland, College Park

2019 Dean's Research Initiative Master's Thesis Research Award ($1,000)
College of Behavioral and Social Sciences, University of Maryland, College Park

2019 Summer Fellowship for Research Collaborations with Prof. Wei-hsin Yu ($2,500)
Department of Sociology, University of Maryland, College Park

2016 Betty Scharf Prize for Best Dissertation in Gender & Religion
London School of Economics and Political Science

2015 Best Student Award
School of International Studies, University of Nottingham Ningbo China

TEACHING EXPERIENCE

2025-26 Instructor, Louisiana State University
SOCL4331 Social Stratification

2024-26 Instructor, Louisiana State University
SOCL2201 Introduction to Statistical Analysis

2023 Instructor, University of Maryland, College Park
SOCY201 Introductory Statistics for Sociology

2018 Teaching Assistant and Seminar Instructor, University of Maryland, College Park
SOCY200 Human Societies

PROFESSIONAL SERVICE

2026- Award Committee Chair, Sociology of Mental Health Section
American Sociological Association

2025 Discussant, Section of Families in Asia
Population Association of America Annual Meeting in Washington, D.C.

2022-23 Graduate Student Representative, Asia and Asian America Section
American Sociological Association

2023 Session Moderator, The Time Use Conference at the University of Maryland, College Park

2022 Poster Reviewer, Population Association of America at Atlanta, Georgia

Manuscript Reviewer for Journals

Demography, Social Forces, Journal of Marriage and Family, Journal of Health and Social Behavior, Social Science Research, Society and Mental Health, Demographic Research, Population Research and Policy Review, The Sociological Quarterly, Socius, Journal of International Development, Journal of Family Research, Aging and Society, Urban Studies, Journal of Adolescence, Chinese Sociological Review

To Public Sociology

2023 Stressed on Zoom or Stressed In-Person? How Work Location Matters for LGBTQ+ Adults' Well-being During COVID-19. *Council on Contemporary Families* [link]

2023 Gender and Generation: Land Ownership and Older Indians' Autonomy. *GenderTalk: Gender and Land Rights*, The NCEAR National Data Innovation Center [link]

2020 Measuring Paid Work in China: Lessons Learnt From The China Family Panel Study. *Women's Empowerment Data for Gender Equality* [link]

2019 Gendered Impacts of Social Support. *Contexts: Sociology for the Public* [link]

2019 Health and Romantic Union Dissolution. *Contexts: Sociology for the Public* [link]